

Design Check List

To achieve flow in the physical environment:

1. Think in Movement

No blocked corners. Free them up. No furniture ending into a wall.

Don't put things under furniture, unless it something in regular use like a yoga mat.

Clear the clutter, and the obstacles.

2. Think in Groups

Find like items and arrange them together. Even in your closets. The eye can rest this way.

Same goes for files. Use hanging folders with a right tab to label content, then inside are center tab folders that go with that heading. Even labeling with consistency creates harmony.



3. Think in Composition

Every direction you look can be a beautiful view. If something doesn't work, remove it or change it until it does. Every view point has colors that work together, and patterns that feel right together.

It's your eye, your style, and ultimately your feel. Redo until it's what you want.

Refine

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Simple can be harder than complex: You have to work hard to get your thinking clean to make it simple. But it's worth it in the end because once you get there, you can move mountains. – Steve Jobs